

## CGI:

**Northern Territory Continuous Quality Improvement strategy** 





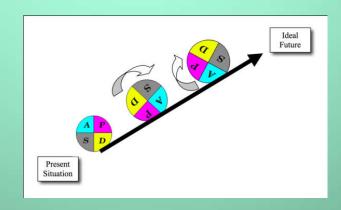




### PDSA

#### Plan Do Study Act



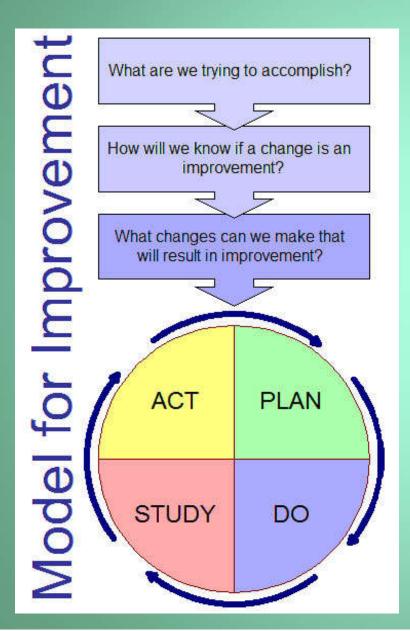


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#### What is a PDSA?

- PDSA stands for Plan Do Study Act.
- The PDSA is used a lot in CQI-a tool
- You can use the PDSA cycle to improve just about anything. - simple but powerful
- The more you use it, the more you improve.

#### Plan Do Study Act



#### Three key questions

- What are we trying to do? (GOAL)
- How will we know that a change is an improvement? (MEASUREMENT)
- What changes can we make that will result in an improvement? (IDEAS)

#### **PDSA**

#### plan

First step in the cycle is to plan

- Describe the idea
- What, who, when, where?
- What do you think will happen?
- How will you measure it data/info to be collected

#### do

Do what was planned – carry out the plan.



#### **PDSA**

#### study

- Check it Monitor
- Analyse results –what is it telling us
- Evaluate what difference has it made
- Reflect
- Is this what you thought would happen?
- What did you learn?

#### **PDSA**

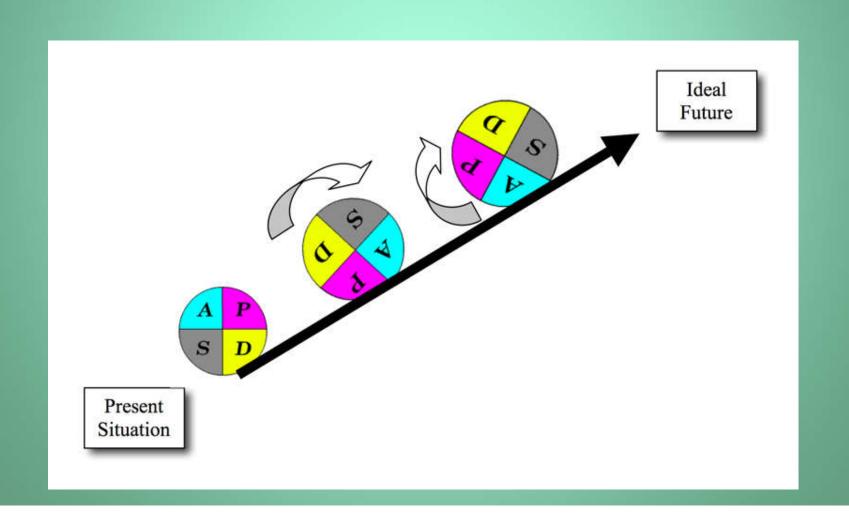
#### act

What next?

 Make the change, or try something new

Prepare a plan for the next PDSA

# Which takes you to the next stage which is... repeat step 1 (Plan) again, but with new knowledge.



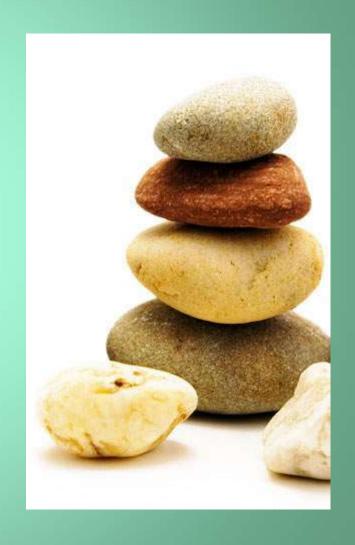
#### How to get the most benefit

Many HS are using the PDSA model but don't forget to finish each step or you will miss out on the benefits.

- Don't just do the Plan and Do parts of the PDSA
- Remember to follow though and do the Study and Act as well (checking and evaluating)

#### **PDSA Tips & Hints**

- Get the team involved to come up with lots of ideas.
- Keep your PDSAs simple and clear
- Keep your PDSAs small
  break down BIG
  projects into small pieces
- Keep your PDSA cycles short – what can you do in a week?



# 50 let's do it!!





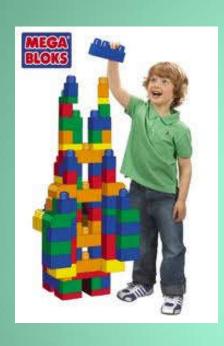
- Two teams
- One person in each team to write their PDSA
- The rest to give their ideas



- Each team has to plan and build a tower.
- The winner will have the tallest tower AND also the strongest.

 Using the PDSA template do the 3 Key questions and the PLAN and DO part of the PDSA.





 See who can knock the other team's tower down with the tennis balls.

 Once you have built your tower – PLAN and DO – we will test it.



- Now you can do the Study and Act part of the PDSA
- What did you learn
- Use that to build a taller, stronger tower for the next challenge.

