

Malabam Health Board Stronger Communities for Children



• STRONGER
• COMMUNITIES
• FOR CHILDREN

Connecting Youth to Health in Maningrida



Background - SCfC

- 2016 – funded for 2 years
- Community driven
- managed by Local Community Board
- Community Plan of activities
- Variety of programs
- Collaboration between services

environment

activities

sport

food

language

Healthy families

knowledge

education

Community
spirit

jobs

culture

kids

Safe families

Healthy
pregnancies

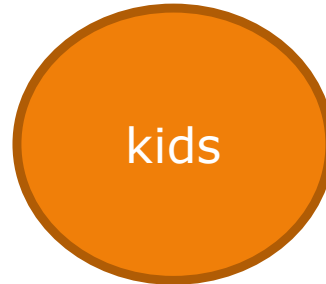
opportunities

Healthy babies

Healthy youth

Self esteem

growth



**25 programs funded over 2
year period in collaboration
with the School, Creche,
Youth Services, BAC, Clinic,
AFL**

So how do we connect Youth to Health

We've used a number of strategies and programs some progressed well, others were very slow. Now for a snapshot of a couple of the more successful initiatives used to connect youth to health



Men's Health Month

Collaboration between:

- **Malbam SCfC**
- **Youth Services,**
- **Maningrida Health Centre,**
- **AFL, and**
- **WASC – Sport & Rec**



What we did:

Planning – looked at what was needed

Venue – looked at where the boys would attend

Target groups

Logistics

Program

- Men's Health checks – GP, RN
- Education- RN, CW
- Yarning Circles – AFL, Sport & Rec
- BBQ's – Sport & Rec, Youth Workers
- Youth Activities – Youth Workers,
Sport & Rec
- Follow Up
- Outcomes



Preconception Program

Preconception Program

Collaboration between:

Youth Services

Maningrida Health Clinic

Malabam SCfC

Visiting Dietitian

Preconception Program

- High priority for community during planning
- Looked at data (One21seventy audit)
- Planned program which included –
Women's Health Doctor, Nurse and
now a driver.



■ **Program progression**

- most young women in cohort targeted-health check & immunizations;
- works closely with Youth Services to enhance engagement;
- some clinics at Youth Services
girls engage in dancing, make up sessions while waiting
- working with visiting dietitian re diet, healthy choices etc.

Where to from here

