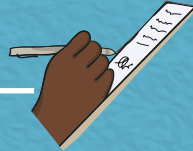


## My Health Record, it's your choice



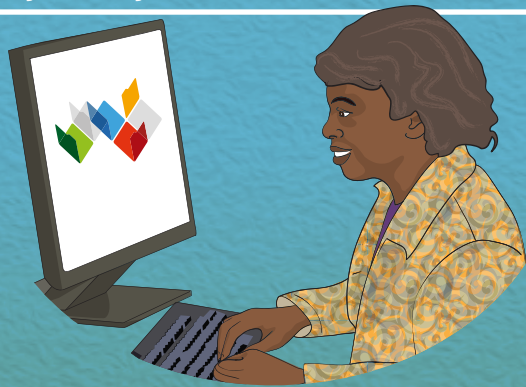
As more people use the My Health Record system, Australia's national health system will become better connected. This will result in better and more efficient care for you and your family.

Over 3.8 million Australians already have a record and more are signing up everyday.\*

For more information:

- Call **1800 723 471**
- Go to **[www.myhealthrecord.gov.au](http://www.myhealthrecord.gov.au)**
- Go and see someone at a Medicare Service Centre or ask the staff at your health clinic

## It's your My Health Record



- You can ask your healthcare professional what is in your My Health Record.
- If you have internet access, you can have a **look at your health story** in your My Health Record.

\* figures correct at time of publication 17/06/16

## You have control of your My Health Record



Your My Health Record is **protected by law**. There are tough privacy and security rules with penalties for people who break these rules.

- You can **control** who can see your My Health Record.
- If you have internet access, you can **see who has looked at or updated** your My Health Record.
- If you feel someone has accessed your My Health Record who should not have, you can **call the help line on: 1800 723 471**.

## We respect your privacy.

To create a My Health Record, we use information such as your name, date of birth, and Medicare records from the last two years. We may collect this information from you, from Medicare and some other government bodies.

Registered healthcare provider organisations such as general practices and hospitals will be able to access your My Health Record when providing healthcare to you. You can set access controls to restrict which healthcare provider organisations can see your My Health Record, or certain information and documents in it.

We do not disclose your information to anyone else, unless required or permitted by law.

More information can be found at **[www.myhealthrecord.gov.au/privacy](http://www.myhealthrecord.gov.au/privacy)**



Australian Government  
Australian Digital Health Agency



My Health Record

# My Health Record

All you need to know



Better, safer and easier treatment

## What is a My Health Record?



My Health Record is a **summary** of your important health information.

You and your healthcare professionals can **access it online**.

## My Health Record connects your health journey

- Aboriginal Health Service
- Hospital
- Pharmacy
- Specialist
- GP Clinic
- Immunisation Clinic
- Allied health services



## What will be in your My Health Record?

Your My Health Record is an **overall picture of your health**.

Over time, it will show important health information like your:



Medical conditions

Medications

Allergies

Immunisations

## Why should I have a My Health Record?



### It is better

Doctors and nurses and other healthcare professionals won't have to call other health services to get your information.

### It is safer

Authorised doctors, nurses and other healthcare professionals can see your health information, such as allergies, immunisations and any treatment you have received.

### It is easier

You won't have to remember what medications you take and you won't have to keep telling your health story over and over.

## Why is it better than what I have now?

Currently, your health information is stored at your local health service. If you travel or visit another clinic the staff won't need to call your doctor to find out your medical story. My Health Record travels with you wherever you go around Australia.

### With a My Health Record:

If your doctor, nurse or health worker has internet access, they can look at your health story whilst they are treating you.

