# Welcome to the 'Your health. Your say.' survey

#### About the survey

This survey is your opportunity to have your say on what you want from a modern healthcare system. Tell us what you want, need and expect from a digitally enabled healthcare system that is focused on improving the health and wellbeing for all.

The feedback received through this survey will help to identify new ways to deliver more effective and efficient health and care, and guide the development of the National Digital Health Strategy.

Thank you for agreeing to provide your feedback!

#### Instructions

The survey will take approximately 15-20 minutes to complete and will be open until the end of January 2017.

A discussion paper is included with this survey for you to use as a reference if you wish.

Many questions provide you the opportunity to respond with a written answer, which may extend the time it takes to complete the survey. However, please feel free to provide short responses to express your view. Any question you prefer not to answer, or is not applicable to you or your organisation, may be skipped.

If you would like more information, have any questions, or need assistance with completing the survey, please email yoursay@digitalhealth.gov.au, or call the Agency Help Centre on 1300 901 001.

#### Privacy

Any personal information you provide in this survey will be used by the Agency to manage and analyse your submission for the purpose of finalising the National Digital Health Strategy. The Agency may also, where required, use your personal information to contact you to seek further information with regard to your submission. Where you consent to having your name, and the name of the organisation which you represent, made public, the Agency may disclose that information on the Agency website. For more information on the ways the Agency handle your personal information, how you can access and seek correction of the information, how privacy complaints can be made and how the Agency deals with such complaints, please see the Agency Privacy Policy on http://www.digitalhealth.gov.au/privacy

### Please post completed surveys to

Your health Your say Survey Australian Digital Health Agency Level 25, 56 Pitt Street Sydney NSW 2000

The survey is open until 31 January 2017

## How well the current healthcare system works

### What aspects of healthcare currently work well from your perspective?

"Healthcare" means services provided to individuals or communities to promote, maintain, monitor, or restore health. Healthcare is not limited to medical care and includes self-care, your ability to access care and quality of care.		
What aspects of healthcare need improvement?		

	e the barriers to improving performance in this area?
Navig	ating the healthcare system
different	that the Australian healthcare system is made up of multiple healthcare providers, funding streams, and multiple programs. This complexity can be challenging for both and healthcare professionals trying to navigate through the system. Please complete wing
To me,	the health system is:
U Ver	ry difficult to navigate
Sor	mewhat difficult to navigate
Nei	ther difficult nor easy to navigate
Sor	newhat easy to navigate
U Ver	ry easy to navigate
Describ	e how you have difficulty navigating the health system

# Access to the healthcare system

Have you ever had trouble accessing healthcare when you needed it?				
	Yes			
	No			
	ou answered yes, in what way have you had difficulty accessing the healthcare? ct all that apply			
	No time			
	Inconvenience			
	Cost			
	Location			
	Lack of mobility			
	Other (Please specify)			
Bei	ng in control of your healthcare			
	of the Australian Government's key aims is to empower people to be in control of their care.			
Wha	at does 'being in control of your healthcare' mean to you?			

### Your personal health information

Everyone has personal health information that may be stored in multiple locations and in multiple ways. The following two questions relate to **what method** you use to access your personal health information, such as health records, test results, immunisation records and medications list.

How do you <i>currently</i> access your own personal health information?		how would you like to access your own personal health information in the future?		
Sele	ct all that apply	Select all that apply		
	Mobile app		Mobile app	
	Website accessed on smart phone		Website accessed on smart phone	
	Website accessed on laptop or desktop computer		Website accessed on laptop or desktop computer	
	Television (through Smart TV application)		Television (through Smart TV application)	
	Email		Email	
	Telephone		Telephone	
	Mail		Mail	
	Fax		Fax	
	Through my healthcare provider(s)		Through my healthcare provider(s)	
	Paper documents and files		Paper documents and files	
	Other (please specify)		Other (please specify)	
	I don't access my personal health information		I don't access my personal health information	

### Accessing general health information

Everyone accesses a range of general health information such as information about conditions and treatments, healthy living advice, diet and nutrition information, and services and support. The following two questions relate to how frequently you use the various channels of accessing general health information.

# How often do you *currently* access general health information using the following channels?

	Regularly	Sometimes	Rarely	Never
Mobile app				
Website accessed on smart phone				
Website accessed on laptop or desktop computer				
Television (through Smart TV application)				
Email				
Telephone				
Mail				
One on one (with my healthcare provider)				
Family and friends				
Other (please specify below)				
If you selected 'Other, please brie	efly specify what	that is.		

# How often would you prefer to access general health information using the following channels in the future?

	Regularly	Sometimes	Rarely	Never
Mobile app				
Website accessed on smart phone				
Website accessed on laptop or desktop computer				
Television (through Smart TV application)				
Email				
Telephone				
Mail				
One on one (with my healthcare provider)				
Family and friends				
Other (please specify below)				
If you selected 'Other', please briefly specify what that is.				

### Digital technologies used in health and wellbeing activities

We have heard people want to use digital technologies to do a range of activities relating to their health and wellbeing.

Please indicate which of the three options best applies to you for each of the following activities below.

	I currently use a computer, smart phone, or tablet	I don't use but would be interested in using a computer, smart phone, or tablet	I don't use and don't have any interest in using a computer, smart phone, or tablet
Paying my medical and/or health bills			
Accessing general health information			
Viewing my own health information			
Tracking aspects of my own health (i.e. blood glucose results)			
Managing my medications			
Communicating with my health professional/s			
Submitting my Medicare or health insurance claims			
One on one (with my healthcare provider)			
Booking appointments with my GP or other medical specialist			
Requesting refills for my prescriptions			
In recent times, digital technologies have changed the way we shop, travel, bank, and socialise. To what extent do you agree with the following statement:  Digital technology will transform and improve healthcare outcomes for Australia			
Strongly Agree			
Agree			
Indifferent			
Disagree			
Strongly Disagree			

8 of 12

How would you like to see digital technologies change peoples' experiences of managing their health, and the way they interact with the healthcare system?
My Health Record
The Australian Government has built a system to enable Australians to have an online, personally controlled digital health record if they want one.
The My Health Record enables better access to important health information which are currently held in dispersed medical record systems around the country.
Australians who have a My Health Record are able to see their important health information, when and where they need it, and be able to share this information with trusted healthcare providers.
Do you use the My Health Record system?
Yes
□ No
Unsure
What would you like the system to be able to do to make the <i>My Health Record</i> more useful for you?

# Your experiences with the health system

We want to hear your stories about your experiences with the health system.

Describe a time when you had a positive experience with the health system. Did digital technology play a role in making that experience positive for you? If so, how?
Describe a time when you were frustrated with the health system. How do you think digital technology could have made that experience better?
Some more information about you
What is your name? Optional, leave blank if you wish to remain anonymous
First name
Last name

Email address: Optional, leave blank if you wish to remain anonymous

Gen	Gender			
	Male			
	Female			
	Indeterminate/Intersex/Unspecified			
	Prefer not to say			
Wha	at is your age?			
	17 or under			
	18 to 24			
	25 to 34			
	35 to 44			
	45 to 54			
	55 to 64			
	65 or over			
Post	tcode:			
Are	you of Aboriginal or Torres Strait Islander heritage?			
	No			
	Yes, Aboriginal			
	Yes, Torres Strait Islander			
	Yes, both Aboriginal and Torres Strait Islander			
Are	you a carer for anyone aged 18 years or older?			
	Yes			
	No			

attention?			
Yes			
□ No			
How often do you see health professionals for your own care?			
Once per year or less			
2-4 times per year			
5-11 times per year			
Once per month			
Every 2-3 weeks			
Once per week			
Twice per week			
More than twice per week			
Your responses			
Responses to this survey may be published. Do you?			
Consent to your comments being quoted publicly, as long as you, or your organisation, are not identified			
Consent to your comments being quoted publicly, and I want to be identified.			
Not wish to be directly quoted.			
Diagon post completed surveys to			
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