

## Health Promotion

At Katherine West Health Board

# Katherine West Region











Health Promotion Strategy

## Health Promotion Resources



















### Community Based Education

## School Based Education

















#### School Holiday Sessions

### Festivals

















#### Tackling Indigenous Smoking









#### Nutrition









## Alcohol and Other Drugs





## Physical Activity

## Emotional Wellbeing











## Timber Creek Speak up Mural



### Yarralin Speak Up Mural

### Find us @





@KatherineWestHealthBoard



@Kwhb\_OneShield

#### What's your Smoke Free Story?



#### What's your Smoke Free Story?

