

Food security

Starting from the ground

Food and Nutrition:

A lot of words.

Different meanings

Cheaper \neq Affordable

Access to food \neq Any food.

Available \neq Useable

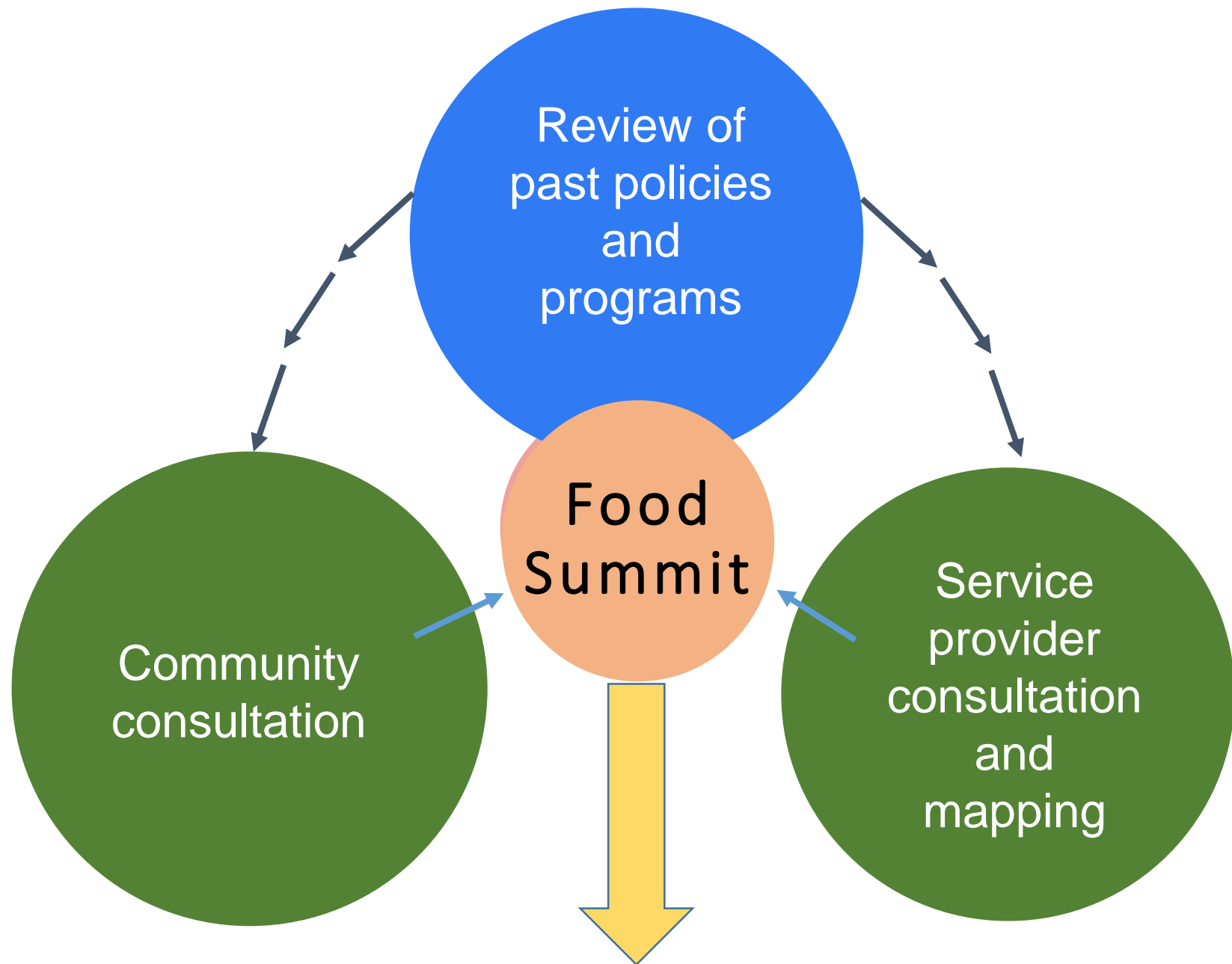
Accessible + Available +
Useable \neq Stable

Food secure = Availability,
Accessibility, Usability to
culturally appropriate healthy
food that is Stable

Food Security

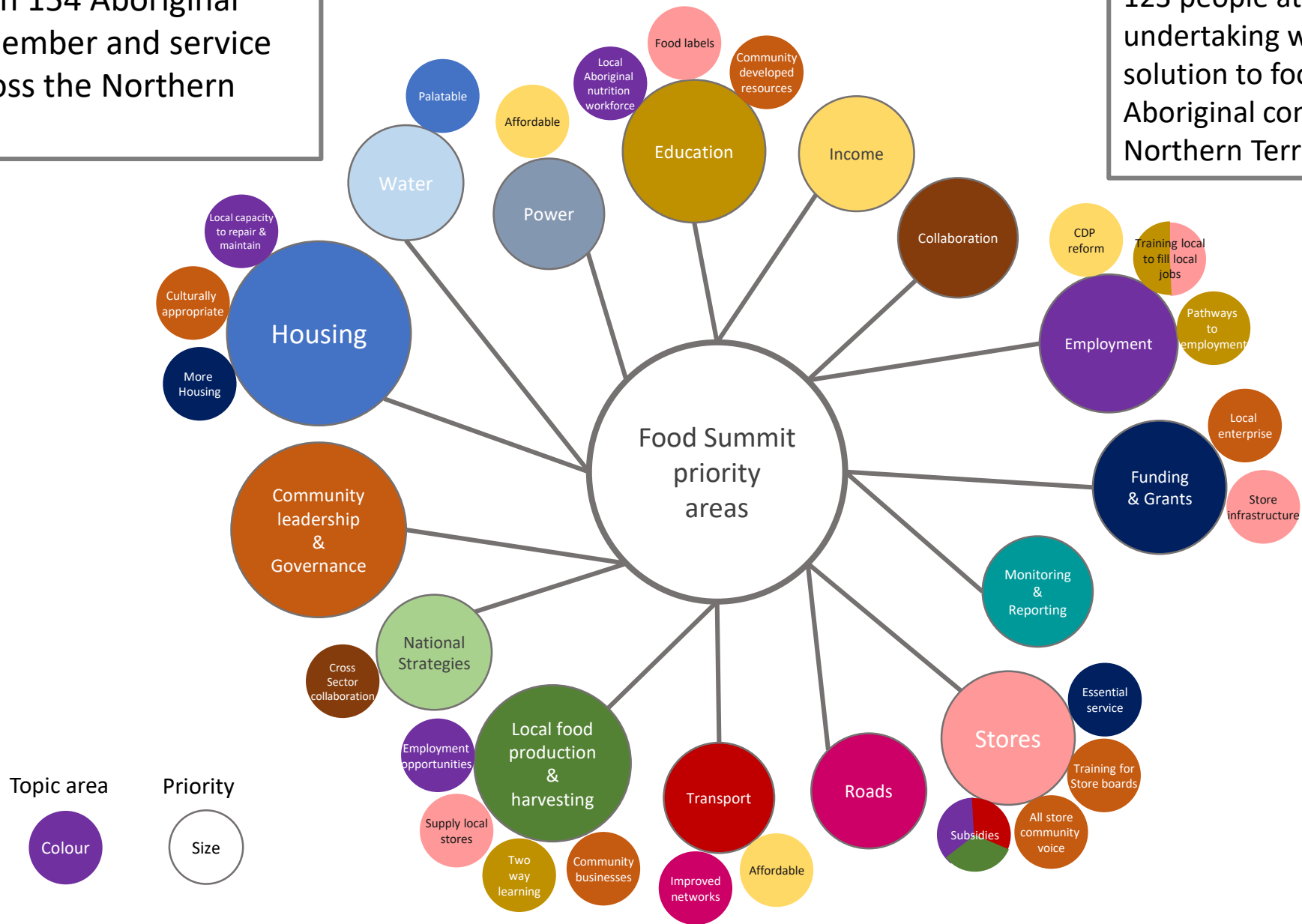
Aboriginal groups in the Northern Territory have previously defined Food security as

when the food of our ancestors is protected and always there for us and our children. It is also when we can easily access and afford the right non-traditional food for a collective healthy and active life. When we are food secure, we can provide, share and fulfil our responsibilities, we can choose good food knowing how to make choices and how to prepare and use it.



Consulted with 154 Aboriginal community member and service providers across the Northern Territory

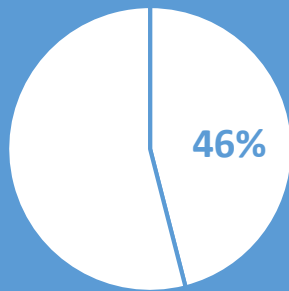
123 people attend a two day forum undertaking workshops to develop solution to food insecurity in Aboriginal communities of the Northern Territory



Community controlled services means it is done how people want it run and what people need... Government always come in and takes over a program and stuffs it up. They don't run it right.

2020 Food Security Inquiry

195 recommendations



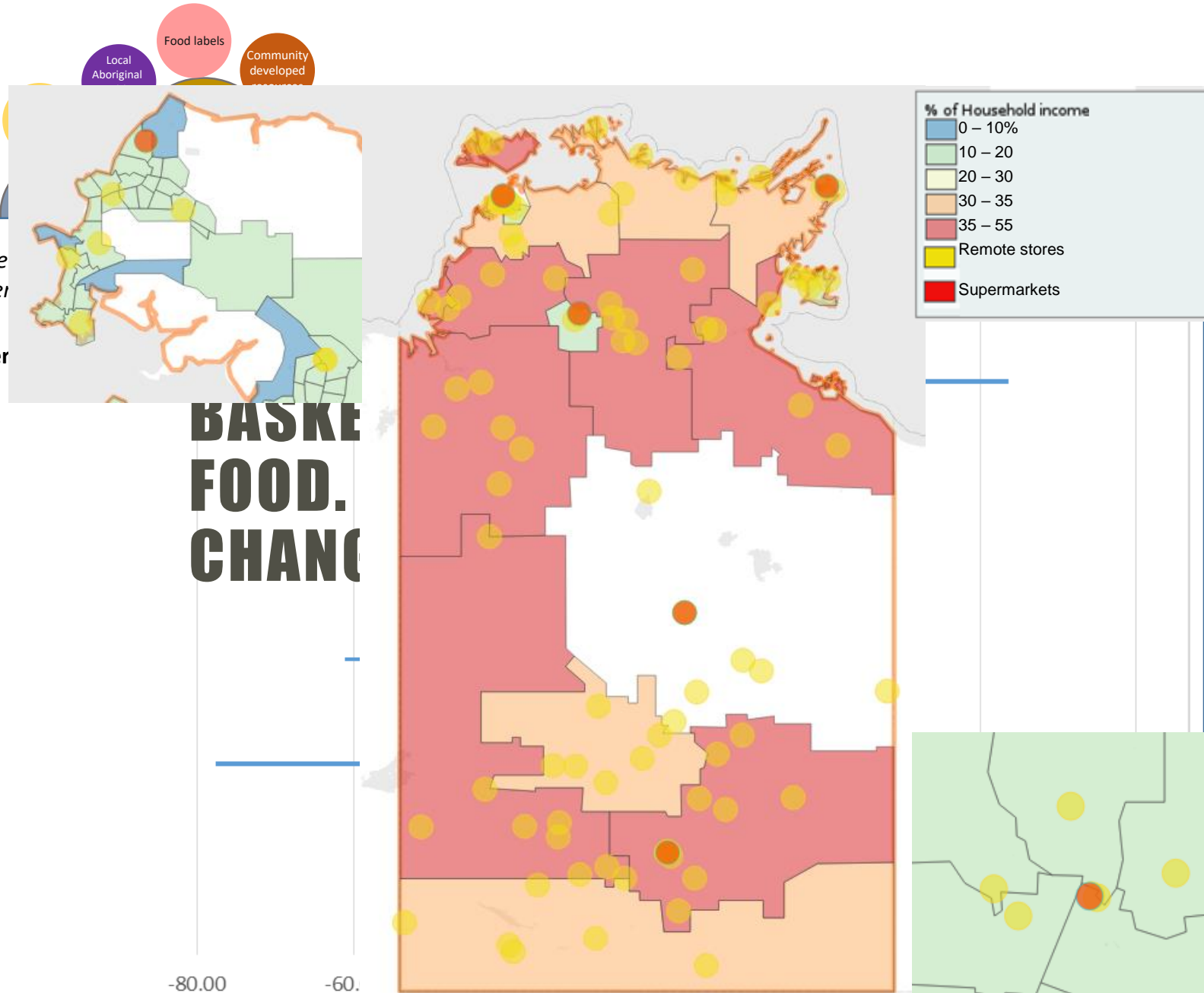
46% of the submissions reviewed
contained recommendations relating
to Governance

Governance-related recommendations called for:

1. **More and stronger community control**
(e.g. more stores community owned, and more legitimate decision making power)
2. **Collective action to reform systems**
that are not supporting community control
(e.g. Resolving the royalty vs food pricing debates)
3. **Better governance support**
to strengthen community decision making
(e.g. more funding for external governance support)

The cost of living has kept going up higher and higher over the last 20 years hasn't followed so people have less money...it costs more to buy food here petrol is more, but income is the same. It costs more to live here...

Aboriginal community member

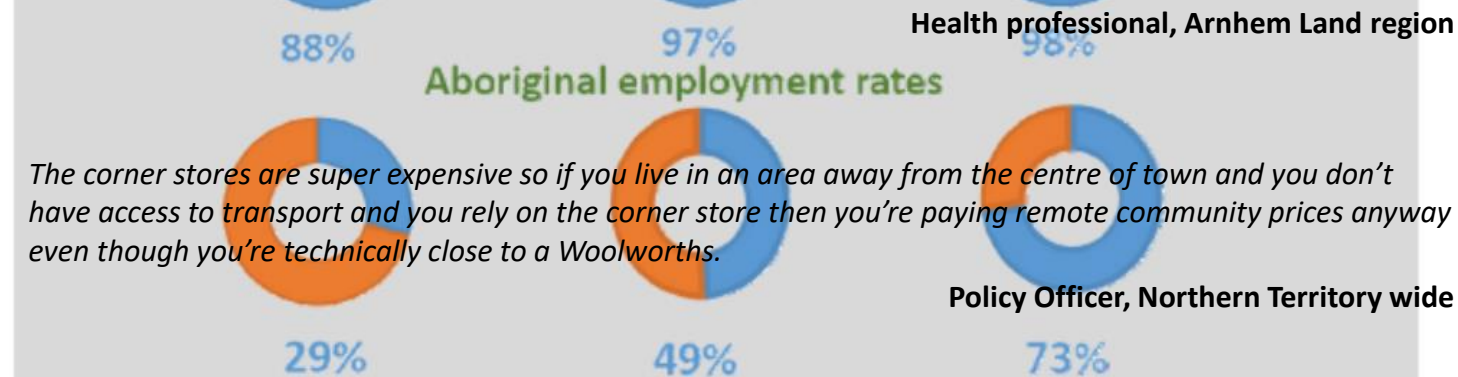


People drive into town for the shop. It's hard without a car. A taxi is \$60 one way but people do it. Previously we had a bus before shire took over. It was \$2 one way so you had more money for food.

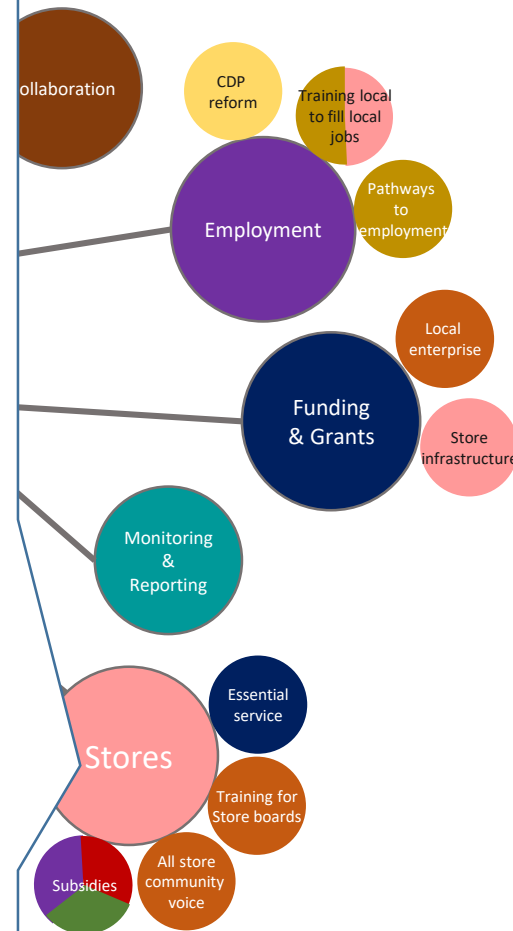


Range of healthy basket foods

In the remote communities in the region they all have ALPA stores and I know ALPA subsidise the freight so the fresh produce is sold at cost so they obviously have some strategies but I think at [remote community] they're not able to implement some of the strategies because of the competition from other privately owned stores. And those privately owned stores are not there to serve the community they are there to make a profit.



■ Managed store group ■ Community managed ■ Private



Practical implication – Short term actions

- Support local employment through organisation policies.
- Support Aboriginal owned businesses and services.
- Work with Aboriginal communities on country and involve traditional foods.
- Support health services nutrition messages through modelling and food provided.
- Promote the good stories

<https://www.monash.edu/medicine/healthy-stores-2020/online-series>