



S FOR SAFETY - S FOR STORIES - S FOR SUPPORT

How do we know Suicide Story works?

We know because the evidence tells us so. In 2019, Batchelor Institute of Indigenous Tertiary Education undertook an evaluation of Suicide Story. They found that participants made significant improvements in their perceptions of awareness and knowledge, and their confidence to be able to assist others in the community. The key impacts and supporting factors attributed to Suicide Story include: Stronger skills to better respond to grief, trauma, and the needs of those who may be contemplating suicide; Greater awareness of the signs of suicidal thoughts; People talking about suicide more openly, People helping each other; The priority of community ownership; and The importance of reducing stigma associated with suicide.

How can we strengthen our impact?

AMSANT taking on the Suicide Story Coordination role. We have taken some important steps to ensure the sustainability of our program, broaden its reach and strengthen its impact. This includes expanding the pool of Suicide Story' Support Facilitators' across the NT to ensure program sustainability and improve our reach by Aboriginal facilitators trained and leading workshop sessions; Sharing knowledge and stories; Restoring hope; Using local language; Maintaining program integrity, ensuring local protocols are adhered to; A focus on 'both ways' training; and The importance of reducing stigma associated with suicide. Our workshops are free to all indigenous and non-indigenous participants Our AMSANT SEWB values ensure a culturally trauma-informed space for all who sit with us.



Suicide Story newly trained 'Support Facilitator's "in Darwin and Borroloola NT